



THE SPA

*Relax. Refresh.
Rejuvenate.*

Hotel
du Vin
& Bistro



WELCOME TO THE SPA AT HOTEL DU VIN EXETER

Our spa is a relaxing and quiet haven conveniently located but conscientiously secluded to allow you to rediscover yourself.

We work in harmony with REN and Nimue; REN provide natural spa products originally sourced from Devon and have become a cult favourite amongst beauty editors, whilst Nimue aim to provide simply healthier skin from the inside out.

Anything from a lunch break treat to a restorative weekend break, we have just the treatment to leave you feeling refreshed and rejuvenated.

We believe that beauty comes from within.
Become the person you were born to be.

**TO ENQUIRE OR MAKE A BOOKING
PLEASE CONTACT THE SPA**

01392 790120 (Option 6) | spa.exeter@hotelduvin.com



BODY MASSAGES

Our indulgent massages combine Swedish and deep tissue movements to relax, invigorate and detoxify. Each massage is tailored to your specific needs.

REN Bespoke Massage

Using Swedish massage techniques this massage will leave the muscles balanced, relaxed and soothed.

FULL BODY | £65 | 60 minute treatment

BACK, NECK & SHOULDER | £40 | 30 minute treatment

Deep Tissue Massage

A full body massage to penetrate deep into the heart of the muscles and release built up tension.

FULL BODY | £70 | 60 minute treatment

BACK, NECK & SHOULDER | £45 | 30 minute treatment

REN Pregnancy Massage

A relaxing full body massage to reduce common maternity stress on the body by stimulating blood circulation, lightening legs, and reducing lower leg water retention. Safe and effective, using pre-natal techniques to relax you and your baby. Not recommended during your first trimester (first 3 months).

FULL BODY | £70 | 60 minute treatment

BACK, NECK & SHOULDER | £45 | 30 minute treatment

BODY TREATMENTS

REN Body Scrub

An energising, mineral rich exfoliation using either Moroccan Rose Sugar Polish, or, Guerande Salt Scrub, followed by a luxurious application of body cream to leave the skin silky, smooth and soft. (Body scrubs are suitable for pregnant women).

£70 | 60 minute treatment

Head In The Clouds

Melt away the tension with this truly amazing Indian inspired head, scalp, neck and shoulder massage.

For the rest of the day your head will be in the clouds.

£40 | 30 minute treatment

REN Moroccan Rose Ritual

An exquisite experience using REN's award winning Moroccan Rose range. Start with Rose Otto Sugar Body Polish full body scrub, shower with Rose Otto Body Wash, relax into a full body massage with Rose Otto Ultra Moisture Body Oil and to finish, a 30 minute facial to suit the individual needs of your skin.

£140 | 150 minute treatment





FACIAL TREATMENTS

REN Bespoke Facial

A full hour of indulgence. Whether your skin needs hydrating or soothing, reviving or toning, our signature treatment combines REN's cutting edge Bio Actives with a Synergy Massage System to boost the skin's natural processes of protection, repair and renewal. Helping you achieve and maintain beautiful, healthy skin.

£65 | 60 minute treatment

REN Express Facial

The REN Express Facial re-energises your skin, for maximum results in minimum time. Including a full cleanse with massage techniques to release tension in the jaw line, application of serum with attention to acupressure points, finished off with day or night cream to suit your skin's needs.

A fantastic pick me up, when time is of the essence.

£40 | 30 minute treatment

REN Radiant Eyes

A fantastic mini-treatment to blast the bags and dark circles. Signs of headaches can be taken away with attention to pressure points, lifting around the eye area to give you an awakening sensation.

£40 | 30 minute treatment



NIMUE SKIN TECHNOLOGY

The leaders in scientific skincare.

Nimue Skin Technology is a derma-cosmeceutical brand that was developed in 1994 by leading skincare scientists aimed at the cosmetic surgery market for pre and post-operative application.

Nimue's world class formulations are based on exceptional ingredients. Nimue is committed to cutting-edge research and development that ensures continuous creation of advanced skin treatment products and professional treatments.

Nimue Therapeutic Facial

This exfoliation, massage and mask treatment will leave your skin feeling revived, refreshed, smoother and softer. Supports a variety of skin conditions including uneven tone, sun damage, oily, congested and sensitised.

£50 | 45 minute treatment

Nimue Thermal Detox Facial Peel

A detoxifying and warming flash treatment peel that deep cleanses, exfoliates and oxygenates your skin, removing impurities and excess oil, softening fine lines and wrinkles, increasing hydration.

£40 | 30 minute treatment

Nimue Active Rejuvenation

A specialised active skin rejuvenation treatment that targets sun damage, wrinkles, uneven skin tone and enlarged pores, resulting in increased elasticity, renewed radiance and overall skin smoothness.

£65 | 60 minute treatment

Nimue Deep Cleanse Facial

Designed to deep cleanse problematic skin with pustules, oiliness and congestion. It effectively purifies and clarifies, helping to refine the texture of your skin.

£50 | 45 minute treatment



HAND & FOOT TREATMENTS

Treat your hands, feet and nails to the attention they deserve, to overcome the stresses of everyday life, and look as radiant on the outside as you feel on the inside.

REN Luxury Manicure

Luxury for your hands and arms, to release tension and leave you feeling totally relaxed. A gentle scrub will remove dry skin, a rejuvenating body cream and steaming hot rose scented towels will refresh and enliven before we continue with fine cuticle work, nail filing and applying a polish colour of your choice.

£45 | 60 minute treatment

REN Luxury Pedicure

A gentle scrub will help remove dry skin, a rejuvenating body cream and steaming hot rose scented towels will refresh and enliven before we continue with fine cuticle work, filing and applying a nail polish colour of your choice.

£45 | 60 minute treatment

REN Mini Manicure

An express manicure to help revive tired hands. Hands and arms will be masked in body oil and wrapped with hot steaming rose scented towels. Nails will be treated to fine cuticle work before being filed and coated in the nail polish colour of your choice.

£30 | 30 minute treatment

REN Mini Pedicure

Both reviving and refreshing; your feet and lower legs will be masked in body oil and wrapped in steaming rose scented towels, before continuing with fine cuticle work, filing and applying a nail polish colour of your choice.

£30 | 30 minute treatment

Gel Nails

The application of CND Shellac delivers a high-shine, chip-free finish for up to two weeks. Application of the gel polish is designed to continue to protect the natural nail - from application to wear and soak-off removal.

GEL APPLICATION

£30 | 30 minute treatment

GEL PRESCRIPTIVE MANICURE OR PEDICURE

£50 | 75 minute treatment

GEL SOAK-OFF

£15 | 30 minute treatment

GEL SOAK OFF & REFRESH

£45 | 60 minute treatment

File & Polish

A simple treat. Filing of your finger or toe nails with your choice of standard nail polish.

£20 | 15 minute treatment





SPA PACKAGES

All spa packages include the use of our heated indoor/outdoor pool, before or after your treatment. Our relaxation area is the perfect place to unwind before or after your treatment. You will also have the choice of a 2-course lunch or afternoon tea and use of the relaxation area and complimentary soft drinks post treatment.

Total Indulgence Retreat

Satisfy the needs of your body with 3 hours of total indulgence, encompassing your preferred choices of three 60 minute treatments; massage, facial and manicure or pedicure. Taken in succession, this package will leave you feeling relaxed and rejuvenated.

£170 | £320 for two | 180 minute treatment

Spa Retreat

Enjoy an hour long REN pampering. Treatments include: Bespoke full body massage, REN bespoke facial, deluxe manicure or pedicure.

Alternatively you can choose 2 x 30 minute treatments of the above.

£80 | 60 minute treatment

Express Retreat

Enjoy a 30 minute REN pampering.

Treatments include: Bespoke back and neck massage, REN bespoke facial, Head in the cloud, mini manicure or pedicure.

£55 | 30 minute treatment

Top To Toe Retreat

Four of the following 30 minute treatments together with a glass of Prosecco.

Mini REN manicure | Mini REN pedicure

Shellac toe nail application | Shellac finger nail application | ½ leg wax

Bikini wax | Underarm wax | Eyebrow shape & tint | Lash tint

£130 | 120 minute treatment

Mother & Daughter Retreat

REN Bespoke Facial | 60 minutes

REN Bespoke Back & Neck Massage | 30 minutes

File & Polish | 15 minutes

£260 for two | 105 minute treatment | Available Tuesday to Friday

Includes a special gift

Mother To Be Retreat

The perfect treat for mothers to be, promoting wellbeing, relaxation and pampering from top to toe.

Not recommended prior to first trimester (3 months).

REN Full Body Pregnancy Massage | 60 minutes

Facial | 30 minutes

Mini Manicure or Pedicure | 30 minutes

£135 | 120 minute treatment

Twilight Retreat

Start your spa experience with a glass of sparkling elderflower, before enjoying a 60 minute treatment of your choice:

Bespoke Full Body Massage

REN Bespoke Facial

Deluxe Manicure or Pedicure

Struggling to decide?

Alternatively you can enjoy two 30 minute treatments instead!

Once your spa experience is over, retire to Bistro du Vin to end your day the perfect way, with a glass of Prosecco and three courses from our à la carte menu.

£85 | 60 minute treatment | Available Sunday to Friday

Spa Package Dining Times

Lunch 12.00pm-2.00pm

Afternoon Tea 12.00pm-5.00pm

Dinner 6.00pm-7.30pm

OVERNIGHT PACKAGE

Time To Spa

The perfect escape. An overnight stay in one of our glorious guest bedrooms, combined with a three course dinner from our a la carte menu in Bistro du Vin, a delicious cooked Breakfast du Vin in the morning and a 30 minute spa treatment during your stay. Leave feeling refreshed, relaxed and rejuvenated.

For enquiries or to make a booking for an overnight package,
please contact the team:

01392 790120 (Option 6) | spa.exeter@hotelduvin.com

For full prices and availability please
visit our website: HOTELDUVIN.com/Exeter

Please note, packages and prices are subject to availability.



BEAUTY ESSENTIALS

Eyes

Eyelash Tint | £15

Eyebrow Tint | £10

Eyebrow & Eyelash Tint | £20

Lash Us Lash Lift & Tint | £40

Waxing

Eyebrow Shape & Tidy | £10

Lip or Chin | £10

Underarm | £15

Forearm | £20

Half Leg | £20

Full Leg | £25

Bikini Line (Regular) | £15

Brazilian | £20

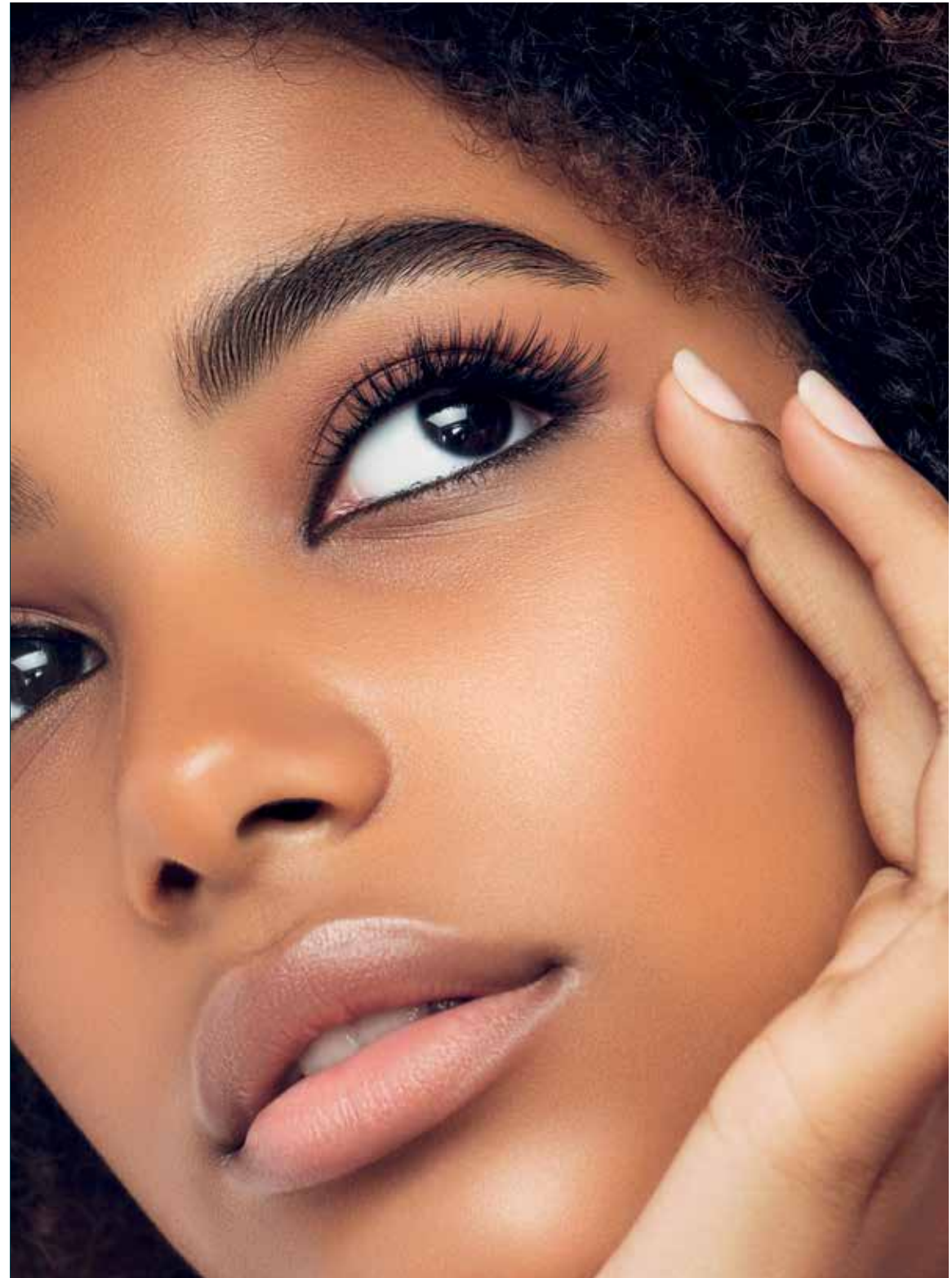
Extended Brazilian | £28

Hollywood | £32

Men's Waxing

Chest | £25

Back | £25



ESSENTIAL INFORMATION & ADVICE

Spa Opening Hours

Sunday to Friday – from 10am to 6pm
Saturday – from 9am to 6pm

Pool Facilities

We offer guests use of our outdoor heated pool area and small indoor hydra jet pool. These facilities are open daily from dawn until dusk. Please note that we reserve the right to close the pool at any time should essential maintenance be required.

Pool use is for hotel guests and spa package guests only.

The pool use is offered on a complimentary basis and includes towels and robes.

Guest must provide their own suitable poolside footwear.

Footwear

For health and safety reasons, all spa clients are kindly asked to bring suitable footwear for poolside use, such as flip-flops.

Your Safety Is Our Priority

Spa use is by advance booking only. In the case of new government guidelines being introduced, guests will be asked to respect any changes imposed that affect the use of facilities. Information will be clearly sign-posted around affected areas.

Booking Information

For further information or to make a booking, please contact the team:
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For prices and availability, please visit our website:
HOTELDUVIN.com/Exeter

Please note, all packages are subject to availability.

In order to secure your appointment, a 50% non-refundable deposit will be taken at the time of booking via a secure email link.

Changes to individual appointments are permitted, up to 24 hours in advance. Changes to group bookings are permitted up to 7 days prior.

Should you need to cancel an appointment with less than 24 hours notice, we reserve the right to charge in full for the booked treatment if we are unable to re-sell the allocated time.

All appointments will be confirmed via email, which will include essential information regarding your visit. Please be sure to read carefully in advance of your visit.

Please note all treatments are subject to the availability of our trained therapists.

All treatment times include consultation and aftercare advice.

* We reserve the right to close the pool at any time if necessary for safety reasons.

** The under 18's treatments we offer include a mini manicure or pedicure only and the young person will need to be accompanied by an adult.



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